

# Prep & Recover™



Golf courses and sports fields endure a large amount of stress during events like games, tournaments and championships due to heavy foot traffic. Turf requires an abundance of nutrients to prepare for and heal from events like these.

Prep & Recover™ is a powerful combination of highly concentrated sea plant and marine organism extracts, humates, amino acids, calcium, magnesium and complex sugars and peptides combined with key micronutrients to enhance the turf's ability to fight stress and maintain proper metabolic functions. Prep & Recover is the premier bio-nutrient product for turf health, rooting and stress reduction.

## Application Rates

	/100m2	/hectare	Frequency
Greens & Tees	64ml – 96ml	6.4L – 9.6L	7 – 14 days
Fairways	64ml – 127ml	6.4L – 12.7L	Monthly
High Stress Areas	96ml – 191ml	9.6L – 19.1L	2 – 4 weeks Irrigate into Root Zone
Hydro Seeding	190ml	19L	Apply at seeding
Planting/Feeding Trees and Shrubs	–	2.4L – 4.6L / 380 L Water	
Annual, Perennials, Ornamentals	–	1.3ml – 2.6ml / Litre of Water	
Soil Drench	–	20ml – 40ml / Litre of Water	

## Benefits

- Prepares and restores turf after stressful events
- Better water uptake
- Faster breakdown of plant
- Stimulates microbial activity and other natural processes in the soil
- Clean, easy handling solution

## Guaranteed Analysis 7-11-3

Nitrogen (N) Nitrate Nitrogen.....	7.50%
Phosphorus (P) P2O5.....	11.00%
Potassium (K) (K2O).....	3.50%
Magnesium (Mg).....	0.70%
Calcium (CaO).....	0.70%
Boron (B).....	0.10%
Zinc (Zn).....	1.50%

Derived from: Phosphorous Acid, Potassium Nitrate, Calcium Nitrate, Magnesium Nitrate, Zinc Nitrate, Boric Acid.

Also Contains 75.0% Non-Plant Food Ingredients: 7.5% Amino Acids Derived from Corn Hydrolysate, 4.0% Seaweed. Extract Derived from Ascophyllum Nodosum, Polysaccharides derived from glucose and fermented sugars, Peptidase and Peptides derived from Amino Acids.

